

# Breakfast Menu

Buffet breakfast is served daily in the restaurant between 8:00 and 9:30am

Breakfast can also be served in your room if ordered in advance (£3 tray charge)  
This must be ordered by 10pm the night before either at reception or by dialling "888"

## Fruit juice

Orange/apple/cranberry

## Fruit

Grapefruit/peach/prunes/mandarins/fruit salad

## Yoghurt

Natural yoghurt, berry compote, granola, sultanas

## Cereals

Muesli, Cornflakes, Rice Krispies, Bran flakes, Weetabix, Coco Pops

## Toast, croissants, pain au chocolate

Marmalade, honey, strawberry jam & marmite

## Cooked breakfast - choice of:

Fried egg on a toasted muffin

Bacon

Local sausages

Fried potatoes

Mushrooms

Scrambled eggs

Tomatoes

Baked beans

## Or please ask for the following (please allow a wait):

Poached eggs

Boiled eggs

Vegetarian sausages

Porridge-made with milk or water

Black pudding

English breakfast tea *or* freshly ground coffee (normal or decaffeinated)

## Additional Choices

Natural smoked Haddock with poached egg **£5**

Smoked salmon, scrambled eggs and brown toast **£5**

Grilled Kippers with parsley butter **£4.50**

All meals are freshly prepared in our kitchens and where possible all ingredients are locally sourced  
For more information about food allergies and intolerances please speak to a member of staff.