



Sample Breakfast Menu

Daily 8am-10am

Continental

Choice of

Fresh fruit

Yoghurt & granola with berry compote

Cereals

Cornflakes / Weetabix / Rice Crispies / Cocopops

Pastries

Pain au chocolat

Croissant

Cooked

Choice of

Full English Breakfast

sausages, bacon, black pudding, tomato, mushroom,
baked beans, hash browns MK, SD, E

Vegetarian Full English

vegetarian sausage, hash brown, tomato, mushroom,
baked beans

V, E, SD

Allergen codes

C=Celery CR=Crustaceans E=Eggs F=Fish GF=Gluten free L=Lupin MK=Milk
MC=Molluscs MU=Mustard N=Nuts PN=Peanuts S=Soya SD=Sulphur dioxide
SS=Sesame seeds V=Vegetarian VG=Vegan

All meals are freshly prepared in our kitchens and where possible all ingredients are locally sourced

For more information about food allergies and intolerances please speak to a member of staff.